



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



WELCOME ALUMNI & FAMILY CAMP WEEKEND

YMCA CAMP JONES GULCH



THANK YOU & WELCOME

Dear Family Campers & Alumni

Thank you for choosing Camp Jones Gulch for your Labor Day weekend! Whether it is your first or hundredth time here, we hope you experience everything you want that camp has to offer. Take the time to enjoy the magic of the redwoods, the thrill of the climbing tower and zipline, and the joy of sitting around a campfire with your loved ones.

We invite you to try new things, stretch your comfort zones, and allow yourself to step away from technology and into nature. Let our fantastic program team help bring your family together to share the magic of Camp Jones Gulch.

In the spirit of camping,

SARA SEDGWICK

Camp Program Director
ssedgwick@ymcasf.org

ARCHER MAESTAS

Camp Program Coordinator
jmaestas@ymcasf.org

WHAT TO EXPECT

SCHEDULE AND ACTIVITIES

A variety of camp activities will be open throughout the weekend!

Most activities will be run drop-in style, where your family can choose your own adventure and go between program areas at your own pace.

Some activities will require sign-ups ahead of time to ensure you have enough time to complete them, and avoid overcrowding programs above our safety guidelines. These will include, at minimum, the Zipline, canoes, and hikes. Sign-ups will be available in the Music Shell at check-in, and on the bulletin boards outside the Dining Hall afterwards.

Some activities have age & size restrictions set for the safety of our guests and staff.

LODGING

Families and alumni who register as individuals (not private cabins) will be grouped together, hostel-style, in North Tolowa village. The YMCA staff will do their best to fulfill cabinmate requests with other families, and individuals who are registered together will not be split up.

For families registered for private cabins, cabin assignments will be available at check-in. Please note that some cabins are connected and share a front porch—they are considered two separate cabins.

If you have booked a private cabin and have more folks you would like to bring than the allotted 8 included at registration, please reach out so that we can assign your cabin and bill for extra campers accordingly. Not all cabins can accommodate more campers.

FOOD

Our kitchen staff can accommodate most common dietary restrictions, including vegetarian, vegan, and gluten-free, as well as common food allergies. For some specialized diets, we recommend bringing supplemental food. If you are concerned about your particular diet, or need to add more dietary information beyond what you provided at registration, please contact a member of our team.

PACKING LIST

PLEASE LABEL ALL BELONGINGS WITH YOUR FAMILY'S NAMES.

ESSENTIAL ITEMS

- Reusable water bottle
- Backpack (big enough to carry a warm layer and a water bottle)
- Medications/prescriptions

CLOTHING

PLEASE BE PREPARED FOR BOTH SUN AND SHADE

- Warm layer (sweatshirts/sweaters)
- Long pants/jeans
- Shorts
- Underwear
- Socks
- Shirts, long- and short-sleeved
- Bathing suit
- Pajamas
- Sturdy shoes/boots
- Plastic bag for dirty clothes

BEDDING

- Sleeping bag or twin-size sheets and blanket
- Fitted sheet for twin mattress
- Pillow

TOILETRIES

- Toothbrush and toothpaste
- Sunblock (SPF 15 or higher)
- Bug spray
- Comb or brush
- Chapstick or lip balm
- Shampoo and soap
- Bath towel and washcloth

OPTIONAL ITEMS

- Inexpensive camera (disposable/digital)
- Sandals (must have a heel strap)
- Quarters and laundry soap
- Sunglasses

*Adults are encouraged to bring their own reusable travel mug for coffee and tea.

DO NOT BRING

- Pocket knives, weapons, or dangerous items
- Any electronic games or devices
- Gum, candy, or other snacks
- Personal sports equipment or fishing gear

Please do not bring ANYTHING of value that you do not want to lose.

The YMCA accepts no responsibility for loss of or damage to personal property



CAMP JONES GULCH

EST. 1934