

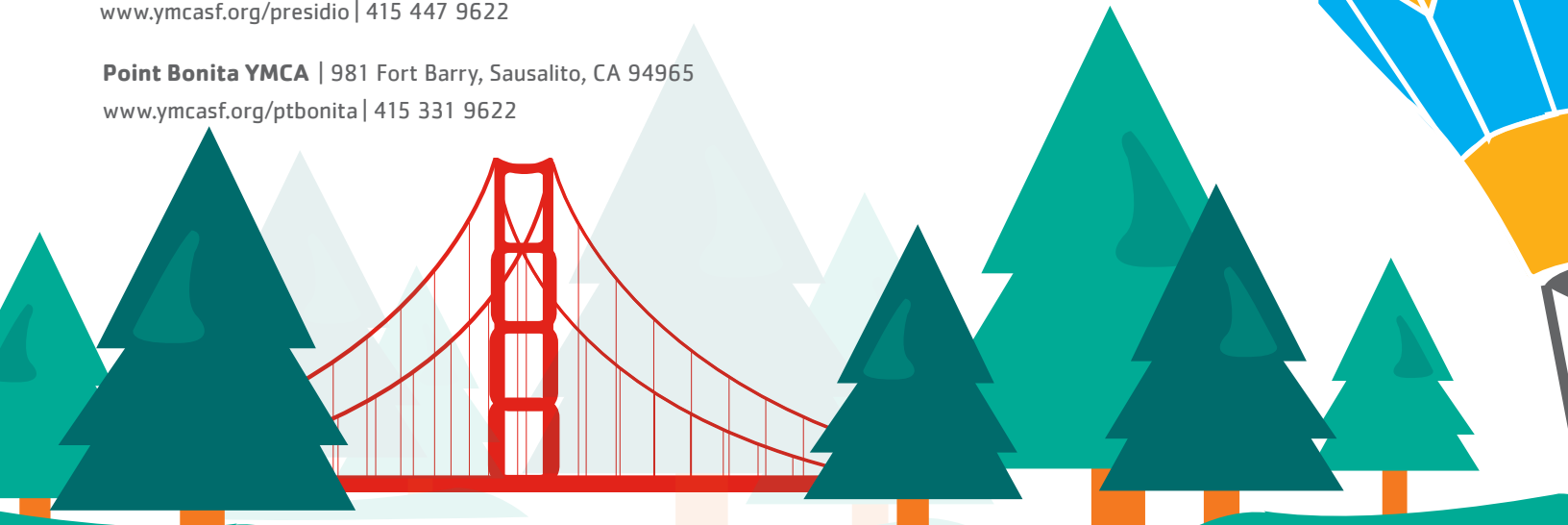


BEST SUMMER EVER!

2017 Summer Camp
Presidio YMCA & Pt. Bonita YMCA

Presidio YMCA | 63 Funston Ave, San Francisco, CA 94129
www.ymcasf.org/presidio | 415 447 9622

Point Bonita YMCA | 981 Fort Barry, Sausalito, CA 94965
www.ymcasf.org/ptbonita | 415 331 9622





THE ORIGINAL SUMMER CAMP

At the Y, there’s fun for youth of any age, income, or background. We bring people closer together in a welcoming, supportive environment to nurture the potential of youth, promote healthy living, and give back to the community.

This summer, your children will learn, grow, and thrive through the exhilarating fun of traditional, specialty, and sports camps at the Y. In the midst of all the fun, they’ll explore nature, discover their talents, try new activities, gain independence, and create lasting friendships.

Tweens have fun socializing with their friends in a safe, positive environment while exploring interests, learning leadership skills, and discovering all they can achieve.

Counselors express their unique personalities, share their diverse talents, and role model YMCA values of honesty, respect, caring and responsibility for the future’s young leaders.

Families become part of a greater community and experience a summer full of discovery and adventures together. Plan your summer fun with the Y!

Presidio Community YMCA Memberships

A Facility Membership at the Presidio YMCA offers many benefits for the whole family. In addition to a lower registration fee for camp, Facility Members have full use of the workout facilities, tennis courts, basketball gym and pool, YKids, youth ballet and lower rates for swim lessons and youth sports.

Registering as a Community Participant allows registration for programs only (like summer camp and swim lessons).

Please contact the Membership Department at (415) 447-9622 for more information about the best membership option for your family’s needs.

Camp registration opens current YMCA members online & in person on February 1st.
For registration visit: www.ymcasf.org/programs/camp-presidio

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WEBSITES

www.ymcasf.org/presidio
www.ymcasf.org/ptbonita

CAMP LOCATIONS

Presidio Y Camp
1152 Gorgas Avenue, San Francisco CA, 94129
415 447 9622

Point Bonita Y Camp
981 Fort Barry, Sausalito CA, 94965
415 331 9622

CAMP CONTACTS

General questions & changes:
presidioycamp@ymcasf.net, 415 447 9692

Presidio YMCA Camp Director:

Allison Ambrozy, 415 447 9624
aambrozy@ymcasf.org

Point Bonita YMCA Camp Director:

Emilee Adao, 415 331 9483
Eadao@ymcasf.org

YBike Camp Coordinator

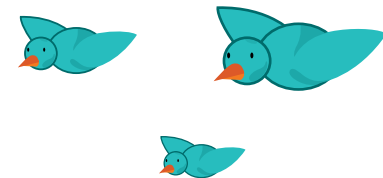
Jared Hawkley, 415 447 9615
jared@ybike.org





WHY Y CAMP?

YOUR CHILD BELONGS AT YMCA SUMMER CAMP!



OUR CAMP EXPERIENCE

With more than 100 years of camping experience, YMCA camps are committed to nurturing the potential of every child by fostering achievement, relationships and belonging through our Day Camp program. We support children in:

1. Discovering skills to help them realize their accomplishments, passions, talents and potential.
2. Building friendships to demonstrate the role positive relationships play in the well-being of a child.
3. Developing a sense of belonging where kids feel safe, welcome and can express their individuality.

OUR COMMITMENT

At the Presidio Y, we are committed to ensuring that our youth have access to a quality outdoor experience. Using the San Francisco Children's Outdoor Bill of Rights as our guiding tool, we can ensure our youth grow up knowing, understanding, and loving their environment. In addition, we are partnering with the National Park Service and the Parks Conservancy to offer 4 weeks of "Play Learn Serve Work" camp.

OUR PLEDGE

We are devoted to providing extraordinary camp experiences for you and your child. At the end of the day, your child will have had fun, rewarding, and engaging experiences!

OUR LEADERS

To ensure a safe and fun summer, our highly qualified and talented staff complete more than 24 hours of camp training each summer, including CPR and First Aid certification, activity planning, youth development training and injury prevention training.

SAFETY FIRST

- Low camper-to-staff ratio
- Campers assigned to a specific leader within the camp
- Monitored sign-in/sign-out only by authorized adult
- Extensive staff training
- High-level safety standards and protocols
- Fully certified bus drivers
- Positive adult role models

PARENT COMMUNICATION

- Access to online weekly camp calendars
- Email reminders with notes for the upcoming week
- Updates from staff on your child's experience
- Evaluations for parent feedback
- Accessible Camp Management team available by phone, email, or in person to answer questions



CAMP OVERVIEW

WE'RE NOW TWO!

After partnering with Point Bonita YMCA year after year for our outdoor education camps, we are excited to announce that the Point Bonita YMCA will now offer expanded outdoor and specialty camp programming throughout the summer!

PRESIDIO & PT. BONITA Y CAMP INFO NIGHTS

Get to know the camp staff, have your questions answered, meet other camp parents, and get a preview of summer camp. Free childcare will be provided!

May 13, 2017
4:30pm-6:30pm
Point Bonita YMCA, 981 Fort Barry, Sausalito, CA 94965

Presidio YMCA Info Night - To Be Announced

FAMILY NIGHTS

All our camp families are invited to 2 fun evenings of camp celebrations. Meet other camp families, talk to our counselors, and enjoy a summer evening in the Presidio.

Mid-Summer Family Night
June 30th
5:00pm-7:00pm

Camp Family BBQ
August 4th
5:00pm-7:00pm



WHAT TO BRING FOR ALL CAMPS

Prep for your camp week by labeling all of the items below:

- Clothing appropriate for changing weather; clothes that will layer and are ok to get dirty!
- Sturdy walking shoes - campers will walk A LOT
- Backpack/day pack that can hold your child's lunch and layers
- Water bottle
- Sunscreen and hat
- 2x Allergy medicine & instructions (one for camper or counselor to carry, a second for the camp office to have for the week)

FOR ALL TRADITIONAL & SPLASH CAMPS

- Swimsuit
- Goggles (optional)

WHAT NOT TO BRING

- Electronics: cellphones, iPads, iPods, gaming system
- Toys
- Candy
- Alcohol or drugs
- Weapons of any kind

NEED TO KNOW

REGISTRATION

When you register for summer camp, you will need to complete and submit a Summer Camp Registration Form (page 28) to one of our membership desks and a [Liability Waiver](#) online. Once you've completed this, the information will live in our system. Please make sure to update any information that changes as this is the information that we will use for sign-in and sign-out.

TO SIGN UP ONLINE

1. Go to www.ymcasf.org/presidio
2. Click on "Programs" tab
3. Select "Presidio Community YMCA" on the left under "Branch"
4. Select "Camp Presidio"
5. Click "Register" under Summer Camp on the right
6. Select the correct age group and camps for your camper
7. Sign in or set up your account and choose "2017 Presidio Summer Camp".

If you have any questions, please call 415-447-9622 Monday through Friday from 5:30am-10pm or Saturday to Sunday from 7:00am-7:00pm.

LIABILITY WAIVERS

Our Association requires a Waiver of Liability to be completed by the parent/guardian prior to participation in our programs. Once signed, the waiver is good for one calendar year. We have partnered with DocuSign to make this process paperless. If we do not have a waiver on file for your family, you may receive an email from DocuSign asking you to complete our Waiver of Liability. Or you can click the link [here](#) to complete today.



HOW TO PAY & SCHEDULE PAYMENTS TO UPDATE A PROFILE OR TO CREATE A NEW PROFILE:

1. Visit our website at www.ymcasf.org/presidio or www.ymcasf.org/ptbonita.
2. Hover over the gear image on the upper right corner of the screen and select "Login."
3. Sign in or create an account.
4. Once signed in, click on "My Account" in the links at the top right of the page. Check to make sure your contact info is current.
5. If your information needs to be updated, click "Edit contact information" in the contact information profile box.
4. To update your payment method click to the "Billing Methods" section. Select the billing method to edit and update the information as needed. Click "Submit".

TO ADD A PAYMENT METHOD:

1. From your online account main screen click on "Payment Method" and click "Add Credit Card" or "Add Bank Draft".
2. Once you have updated or added this info, click "Submit".

TO MAKE OR SCHEDULE A PAYMENT:

1. From your online account main screen click "My Balance" from the menu on the right corner.
2. Click either "Pay Fees Now" or "Schedule a payment for a later date" (Note: payments cannot be scheduled after their due date or rescheduled if they are past due).

CREDIT/REFUND POLICIES

Because we pay our vendors, purchase our admission tickets and supplies, and hire our staff according to enrollment, credits, refunds, or transfers are not allowed within 14 days of the start of program for which you are registering. If you wish to make a change or cancel your registration prior to the 14-day deadline, you may choose one of the following:

1. A transfer to another YMCA program site minus the deposit (spaces must be available).
 2. A credit voucher* for future use to any Y program (minus the non-refundable deposit).
- *Credit must be used within 24 hours of cancellation.**
3. A check or credit card refund (minus a \$10 processing fee per person and the \$35 non-refundable deposit). Check refunds can only be issued for amounts over \$20. Please allow two weeks for processing.

BALANCE DUE

The remaining balance for each camp is due 14 days prior to the start date of camp. You will receive an email reminder from our Camp Admin one week prior to the payment due date. Please make sure your email address on your online profile is up to date. **Failure to pay balances will result in the deposit being forfeited and the camper's registration being canceled.**

NEED TO KNOW CONTINUED

CAMP SESSION	CAMP DATES	CAMP BALANCES DUE
WEEK 1	May 31- June 2	May 18
WEEK 2	June 5-9	May 23
WEEK 3	June 12-16	May 30
WEEK 4	June 19-23	June 6
WEEK 5	June 26-30	June 13
WEEK 6	July 3, 5-7	June 20
WEEK 7	July 10-14	June 27
WEEK 8	July 17-21	July 4
WEEK 9	July 24-28	July 11
WEEK 10	July 31-Aug 4	July 18
WEEK 11	August 7-11	July 25

FINANCIAL ASSISTANCE

We strive to make camp accessible to all. To the extent possible, financial assistance is available thanks to the generous donors who contribute to our Annual Giving Campaign. Financial Assistance forms are available online and at the membership desk. **Please submit forms in person at our Main Post Gym by April 1st. You will be notified on April 15th regarding your application status.**



CAMP JONES GULCH

Summer just wouldn't be the same without sleep-away Camp! From archery to horseback riding to s'mores, YMCA Camp Jones Gulch provides fun, safe adventures each summer. Kids of all ages can participate in Resident Camp. If you like exploring the wilderness, flying down a zip-line, making friendship bracelets, singing camp songs, and lounging on a surf board in Santa Cruz, Jones Gulch is for you. A week of excitement and personal growth is the outcome. You may just meet your new best friend at YMCA Camp Jones Gulch!

www.ymcasf.org/campjonesgulch
11000 Pescadero Rd., La Honda, CA 94020
650 747 1200

PROCEDURES: SIGN IN/OUT PROCEDURE

Every day, your child must be signed in and out by an adult on the contact list you complete during registration. To add an adult to your child's pick up list, a completed Change of Program form must be submitted. For your child's safety, we require anyone picking up a child to show a picture ID at every pick-up.

EXTENDED CARE

EXTENDED CARE IS OFFERED AT NO ADDITIONAL COST! During extended care hours, campers have a variety of stations to choose from, including sports, group games, and arts & crafts.

AGE GROUPS

Camps are organized by grades (not ages). Your camper should sign up for camps according to the grade they'll enter into in the Fall.

SWIM TEST REQUIREMENT

Campers will complete a brief shallow water competency check the first time they swim this summer. Campers who do not pass the swim check will wear one of our personal flotation devices.

SPECIAL NEEDS

YMCA leaders are encouraging, patient, and can help facilitate successful camp experiences for children with mild to moderate disabilities. For specific questions regarding your child, please contact Allison Ambrozy, camp director at AAmbrozy@ymcasf.org.

T-SHIRT

With your registration, your child will receive one Presidio Y Camp shirt. It is important that all campers have a camp shirt for our big field trip days. Camp shirts also available for \$5 each if you'd like a second shirt or if you lose your original one.



TRADITIONAL DAY CAMPS: GRADES K-5

OVERVIEW

TRADITIONAL CAMP

Our Traditional Camps offer a little bit of everything that you can think of when you think "CAMP". Daily activities include playing and leading games, nature and outdoor exploration, arts and crafts, swimming, and a variety of sports. Weeks are structured with 1 major field trip, 1 swim day at the pool and/or at a lake, an art project reflecting the theme of the week, and a ton of creative fun for every camper!

TRADITIONAL CAMP FEES

Week(s)	Facility Member	Community Participant
1 (3-day week)	\$185	\$215
2-5, 7-11	\$305	\$355
6 (4-day week)	\$245	\$285

AGE GROUPS

Although Kindergarten through 5th grade campers have the same themes each week in Traditional Camp, activities are adapted according to age groups.

Our two main age groups at Traditional Camp are:

- Kindergarten - 2nd Grade with a 1:8 ratio
- 3rd-5th Grade with a 1:9 ratio

TRANSPORTATION & FIELD TRIP DAYS

Traditional Camp travels on a 20-passenger or 40-passenger bus on a weekly basis to get to their field trips. Please check the weekly schedule to make sure you know when your camper should wear their camp t-shirt. While we schedule transportation time to and from field trip locations, we can't predict traffic. Please help us by ensuring that your camper does not get picked up early on a field trip day. If the group is expected to come in after 4:30pm due to traffic, we will call you.

ACTIVITIES AT TRADITIONAL CAMP

- Arts & Crafts
- Swimming
- Field Trips
- Hikes
- Sports
- Teambuilding
- Outdoor Education
- Group Games
- Science Experiments
- Library Visits

WEEKLY OVERVIEW

Every week at Traditional Camp looks very similar with special activities happening every day. Take a look:

DAY	ACTIVITY OF THE DAY
Monday	K-5 On-Site Day
Tuesday	K-2 Swim Day, 3-5 Library Day
Wednesday	K-5 Field Trip (T-Shirt Day)
Thursday	K-2 Library Day, 3-5 Swim Day
Friday	K-5 Camp Celebration



	DATES	THEME	FIELD TRIP
Week 1	May 31-June 2	Aloha Summer	CuriOdyssey
Week 2	June 5-9	Science & Technology	Exploratorium
Week 3	June 12-16	Animal Adventures	San Francisco Zoo
Week 4	June 19-23	Golden State	Angel Island
Week 5	June 26-30	Culinary Creations	Boudin Bakery Tour
Week 6	July 3-7 (no camp 7/4)	Summer Games	Bowling Alley
Week 7	July 10-14	Under the Sea	Aquarium of the Bay
Week 8	July 17-21	Young Entrepreneurs	Jelly Belly Factory
Week 9	July 24-28	Outer Space	Chabot Space Center
Week 10	July 31- Aug 4	Nature Explorers	Muir Woods
Week 11	Aug 7-11	YCamp Spirit	Oakland Zoo

TWEEN CAMPS: GRADES 6-8

OVERVIEW

Our Tween Camps are focused on youth development and incorporate exploration, decision making, and leadership building. Some camp weeks include opportunities for service learning projects, great for middle schoolers looking to earn required community service hours!

TWEEN CAMPS: LOCALLY GROWN

Presidio Y's Locally Grown Tween Camp is all about developing youth's sense of belonging within San Francisco's rich history and culture. Tweens will learn about the city's past and present to identify and develop solutions for the city's future and will lead service learning projects. Expect for tweens to be off-site every day.

LOCALLY GROWN: PARK EDITION

Explore the Presidio, Golden Gate Park, Land's End, and other unique SF parks. We'll hike short and long distances to learn about SF's flora, fauna, geology, natural history, and urban ecology. Service learning project in the Presidio.
Weeks 2 & 7: June 5-9, July 10-14
Facility Member: \$305 | Community Participant: \$355

LOCALLY GROWN: ARTS EDITION

We'll visit murals throughout the city, take trips to SF's amazing art museums, and create art of our own!
Week 6 (4 day week): July 3-7, July 24-28
Facility Member: \$245 | Community Participant: \$285
Week 9: July 24-28
Facility Member: \$305 | Community Participant: \$355

TWEEN CAMPS: SPECIALTY CAMPS

SKATEBOARDING

All levels welcome! Learn about the role San Francisco's geography and urban architecture played in the history of skateboarding, along with skateboarding basics. Experience the sport through history, art, and of course, practice in the Presidio and local skate parks. Skateboards and helmets will be provided, but you're welcome to bring your own!
Week 3: June 12-16
Facility Member: \$335 | Community Participant: \$385

AQUA

Tweens will learn simple rescues and practice swimming, crucial survival skills in the Bay Area! We'll visit the Maritime Museum, go boating in Aquatic Park and just might build our own boat!
Week 6: July 3-7
Facility Member: \$270 | Community Participant: \$310

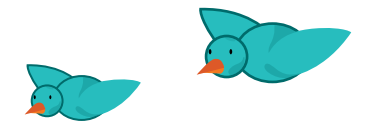
LEADERSHIP TRAINING - OVERNIGHT

Tweens will practice and grow their independent decision-making and leadership skills and travel to Point Bonita Y's residential camp campus for an overnight adventure on Wednesday! Tweens will be also receive training in basic First Aid and CPR, along with Leave No Trace environmental principles and peer leadership skills! Possible service learning project determined by the Tweens.
Week 10: July 31-Aug 4
Facility Member: \$450 | Community Participant: \$475

TWEEN CAMPS: YMAKERS

YMakers is a STEAM-intensive (Science, Technology, Engineering, Art, Math) creativity and youth development program. In YMakers camp, tweens will get hands-on experience with basic woodworking and crafting tools while they build and make whatever they can dream up! Thoughtful, responsible, and safe making are at the heart of YMakers, and we'll start each day healthy habits of mind and muscle. YMakers is a youth-led camp and projects are determined by the tweens each week. Past youth projects have included toys and games, gifts, home decor, tables, chairs, pencil holders and much more!

Weeks 1, 4, 5, 8 & 11: May 31-June 2, June 19-23, June 26-30, July 17-21, Aug 7-11
Week 1: Facility Member: \$200 | Community Participant: \$230
Weeks 4, 5, 8, 11: Facility Member: \$335 | Community Participant: \$385



2017

SUMMER CAMP PLANNER

GRADE	CAMP	WEEK 1 May 31- June 2	WEEK 2 June 5-9	WEEK 3 June 12-16	WEEK 4 June 19-23	WEEK 5 June 26 - June 30	WEEK 6 July 3-7 (no camp 7/4)	WEEK 7 July 10-14	WEEK 8 July 17-21	WEEK 9 July 24-28	WEEK 10 July 31 - Aug 4	WEEK 11 August 7-11
K-2	Traditional	Aloha Summer	Science & Technology	Animal Adventures	Golden State	Culinary Creations	Summer Games	Under the Sea	Young Entrepreneurs	Outer Space	Nature Explorers	YCamp Spirit
	Specialty		LEGO Jedi Engineering	Gymnastics	LEGO Art & Architecture	Circus! Awesome Camp	Yoga & Art	YMakers	LEGO Minecraft Park Explorers	Gymnastics Splish, Splash!	LEGO Superhero Engineering Junior Trailblazers	Wee Adventurers
	Sport		Tennis & Basketball	Splash Camp	Tennis & Golf	Soccer	Tennis & Basketball	Splash Camp	Tennis & Golf	T-Ball	Tennis & Soccer	
3-5	Traditional	Aloha Summer	Science & Technology	Animal Adventures	Golden State	Culinary Creations	Summer Games	Under the Sea	Young Entrepreneurs	Outer Space	Nature Explorers	YCamp Spirit
	Specialty		Parkour	YMakers Bytes for Bits	LEGO Eco-Engineering	Yoga & Art	Top Chefs	Breakdancing	Top Chefs Park Explorers	Bytes for Bits Splish, Splash!	LEGO Superhero Master Engineering Pedal the Parks	Camp Out!
	Sport		Soccer	Tennis & Golf	Splash Camp	Tennis & Basketball	Baseball	Tennis & Golf	Splash Camp	Tennis & Soccer	Y Tri Club	
6-8	Tween	YMakers	Locally Grown - Park Edition	Skateboarding	YMakers	YMakers	Locally Grown - Arts Edition Aqua	Locally Grown - Park Edition	YMakers Park Stewards	Locally Grown - Arts Edition Splish, Splash!	Leadership Training Pedal the Parks	YMakers Camp Out!
BIKE CAMP												
2-3	Young Bike		Intro to Biking	Jr. Novice Biking	Jr. Intermediate Biking			Intro to Biking	Jr. Novice Biking	Jr. Intermediate Biking		
4-9	Novice Bike			Road Biking		Mountain Biking						Pedal the Parks (Pt. Bonita)
	Intermediate Bike				Road Biking	Girls' Road Biking			Mountain Biking	Mountain Biking		
	Advanced Bike						Road Biking					

Registration includes morning and afternoon extended care at no additional cost! Extended care activities include handicrafts, games, sports and more.

For 9-12th graders, we offer a Volunteer and Internship Program for teens looking to gain leadership skills throughout the summer.

POINT BONITA Y SUMMER CAMP PLANNER



GRADE	CAMP	WEEK 1 May 31- June 2	WEEK 2 June 5-9	WEEK 3 June 12-16	WEEK 4 June 19-23	WEEK 5 June 26-30	WEEK 6 July 3-7	WEEK 7 July 10-14	WEEK 8 July 17-21	WEEK 9 July 24-28	WEEK 10 July 31-Aug 4	WEEK 11 Aug 7-11
K-2	Day		Wild About Nature	LEGO Minecraft Adventure	Treasure Hunters	Fairytale Adventures	Stars & Stripes	LEGO Jedi Engineering	Park Explorers	Splish, Splash!	Jr. Trailblazers	Wee Adventurers
3-5	Day		Sports Sampler	LEGO Minecraft Survival	Outdoor Survival Skills	Theater in the Park Awesome Camp	Stars & Stripes	LEGO Jedi Master Engineering	Park Explorers	Splish, Splash!	Pedal the Parks	Camp Out!
3-5	Residential				Under the Sea	Myths & Legends		Intergalactic Week	Flora & Fauna			
6-8	Day		Sports Sampler	Claymation Studio	Outdoor Survival Skills	Theater in the Park	Stars & Stripes	Outdoor Cooking	Park Stewards	Splish, Splash!	Pedal the Parks	Camp Out!
6-8	Residential				Under the Sea	Myths & Legends		Intergalactic Week	Flora & Fauna			

Free Extended Care - Your registration will include morning and afternoon extended care at no additional cost! Extended care activities include woodworking, fuse beads, kickball, and more.



SPECIALTY CAMPS: GRADES K-5

OVERVIEW

In Specialty Camp, campers tap deeper into their creativity and curiosity with each week's topic. We provide specialists and experts in those subjects by partnering with other organizations as well as highlighting the strengths of our talented counselors. Themed cooperative games, arts and crafts, and sports round off the weeks.

SPECIALTY CAMP FEES

Week(s)	Facility Member	Community Participant
2-5, 7-10	\$335	\$385
6 (4-day week)	\$270	\$310
Awesome Camp	\$375	\$400
Bytes for Bits	\$375	\$400

*Camps are listed in chronological order

LEGO JEDI ENGINEERING

The force is strong during Jedi Masters week! Build complex LEGO structures based on X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, and Cloud Cities. Play-Well's Instructors guide campers through the powerful forces of imagination and engineering.

Week 2	June 5-9
Grades	K-2

PARKOUR

Parkour is moving from point A to B as quickly as possible using proper landing, running, jumping, climbing on and over obstacles as well as safe spotting and training. Campers will learn how to safely perform basic parkour indoors through the use of mats, proper coaching, and strength building.

Week 2	June 5-9
Grades	3-5

BYTES FOR BITS **NEW!**

Bytes for Bits (B4B) is computer coding for beginners and for experienced Scratchers! Campers will learn the fundamentals of software coding, working in Scratch (a visual coding tool). Lessons are modular so each camper can progress at their own pace. Bytes for Bits provides a high quality, personalized learning environment with a student-to-staff ratio of 6 students per instructor and one computer for each youth.

Weeks 3 & 9	June 12-16, July 24-28
Grades	3-5

GYMNASTICS

Jump, tuck, roll, and play! Campers will learn the essentials of movement, flexibility, and balance with AcroSports gymnastics instructors.

Weeks 3 & 9	June 12-16, July 24-28
Grades	K-2

YMAKERS

YMAkers is a STEAM-intensive (Science, Technology, Engineering, Art, Math) youth development program. In YMAkers camp, youth will get hands-on experience with basic woodworking and crafting tools while they build and make whatever they can dream up! Thoughtful, responsible, and safe making are at the heart of YMAkers, and we'll start each day healthy habits of mind and muscle. YMAkers is a youth-led camp and projects are determined by the youth. Past youth projects have included toys and games, gifts, home decor, tables, chairs, pencil holders and much more!

Week 3	June 12-16
Grades	3-5
Week 7	July 10-14
Grades	K-2

LEGO ECO-ENGINEERING

Design a recycling plant, save the salmon swimming upstream, harness wind energy, and build a wildlife bridge across the freeway. Celebrate nature, think sustainably, and understand the human world in a camp focused on using earth's resources responsibly.

Week 4	June 19-23
Grades	3-5

LEGO ART AND ARCHITECTURE **NEW!**

Explore great works of art and architecture through LEGO! Collaborate in small groups to build grand structures such as the Parthenon in Greece, the Notre Dame Cathedral in Paris, the tree houses of Papua New Guinea, and New York's Empire State Building. Follow in the footsteps of master artists with LEGO interpretations of sculptures, mosaics, and stained glass. Teamwork and creativity take high culture to the next level!

Week 4	June 19-23
Grades	K-2

AWESOME CAMP **NEW!**

Come have fun and learn with us! Campers will boost their reading and academic confidence by working in small, supportive groups with certified Speech & Language Pathologists. Speech Inc. staff will use evidence-based teaching techniques to boost campers' reading and learning this summer. The skills of decoding, fluency, comprehension, and spelling are taught in the morning, leaving the afternoon for summer fun in the Presidio with friends! Campers are grouped by age range and according to ability.

Week 5	June 26-30
Grades	K-2

SPECIALTY CAMPS: GRADES K-5

CONTINUED

CIRCUS

AcroSports circus classes incorporate many performance art forms used in circus such as juggling, hula-hoop, pair acro, clowning, and balancing tricks. Campers will develop physical skills, strength, and flexibility.

Week 5	June 26-30
Grades	K-2

YOGA & ART

The Best way to start yoga is to start young! Paired with stories, games, and art, our campers will work together on basic movements, mantras, and relaxation in a no-competition zone. Poses will enhance strength and kinesthetic control and awareness for growing bodies.

Week 5	June 26-30
Grades	3-5
Week 6	July 3-7
Grades	K-2

TOP CHEFS

These young chefs learn basic cooking preparation techniques, quick dishes, and compete in daily cooking challenges. Camp Chefs will be mindful of allergies and adapt accordingly.

Weeks 6 & 8:	July 3-7 (4 Day), July 17-21
Grades	3-5

BREAKDANCING

This beginning class introduces the fundamentals of breakdancing: freezes and power moves. With a focus on skill acquisition and physical conditioning, students will be breaking in no time!

Week 7	July 10-14
Grades	3-5

LEGO MINECRAFT

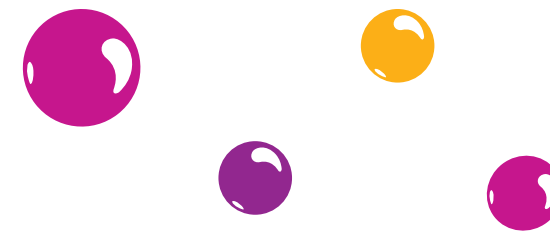
This week, it's all about bringing Minecraft to life! Roll the dice to mine for resources and use the resources to build special items to help in our adventures. This camp is perfect for the Minecraft enthusiast and for those new to Minecraft.

Week 8	July 17-21
Grades	K-2

LEGO SUPERHERO ENGINEERING

Save the world with LEGO Superheroes! Build the hideouts and vehicles of your favorite caped crusaders and learn what makes them not only Superheroes, but Superhero Engineers! Our young heroes will design, build, and save a city where ingenuity and imagination can solve any conflict.

Week 10	July 31- Aug 4
Grades	K-2, 3-5



TYPICAL SPECIALTY CAMP SCHEDULE MONDAY THROUGH FRIDAY

9:00AM-12:30PM	Specialized Instruction
12:30PM-1:30PM	Lunch/Outdoor Play
1:30PM-4:30PM	Themed-activities & field trips

SPORTS CAMPS: GRADES K-5

OVERVIEW

Our Sports Camps teach the fundamentals of each sport through a variety of fun drills and skills exercises. These camps spend half the day learning the skills, and the second half practicing and scrimmaging. Campers also get to vote on other sports or activities to do in addition to their main sport, such as go on a hike, do an art project, or play indoor hockey!

Throughout the week K-2 and 3-5 may practice and run drills separately but scrimmage together depending on skill level.

SPORTS CAMP FEE

Week(s)	Facility Member	Community Participant
2-4, 6-11	\$335	\$385
6 (4-day Week:)	\$270	\$310



Y TRI CLUB

Designed to introduce youth to multi-sport training in a positive and fun environment, Y Tri Club uses swimming, cycling, and running as an exciting and healthy way to build comradere and sportsmanship. Campers will participate in a mini-triathlon at the end of the week.

Week 10: July 31-Aug 4
Grades 3-5

TYPICAL SPORTS CAMP SCHEDULE MONDAY THROUGH FRIDAY

9:00AM-12:30PM	Sports drills & skill building
12:30PM-1:30PM	Lunch/Outdoor play
1:30PM-4:30PM	Practice and scrimmaging or field trip

SPORTS CAMPS: GRADES K-5

MULTISPORT CAMPS

HOW MULTISPORT CAMPS WORK

Our popular Tennis Camps are offered during every week of summer camp and are paired up with another sport. Instead of stand alone camps like Splash Camp, where the campers are swimming and learning about water safety all day long, campers in these multisport camps spend half of their day in tennis lessons and the other half in a different sport. Please check below or refer to the Summer Camp Planner on pages 10 & 11 to see what sport is paired up with Tennis every week.

MULTISPORT WEEKS

WEEK 2	June 5-9	K-2 Tennis & Basketball
WEEK 3	June 12-16	3-5 Tennis & Golf
WEEK 4	June 19-23	K-2 Tennis & Golf
WEEK 5	June 26-30	3-5 Tennis & Basketball
WEEK 6	July 3-7	K-2 Tennis & Basketball
WEEK 7	July 10-14	3-5 Tennis & Golf
WEEK 8	July 17-21	K-2 Tennis & Golf
WEEK 9	July 24-28	3-5 Tennis & Soccer
WEEK 10	July 31-Aug 4	K-2 Tennis & Soccer

MULTISPORT CAMP FEE

Week(s)	Facility Member	Community Participant
2-4, 6-11	\$335	\$385
6 (4-day week)	\$270	\$310

TENNIS

Game, set, match! In this camp, youth learn the game of tennis from the Presidio YMCA tennis coaches. Campers must bring their own rackets and lessons are held in the various Presidio Y tennis courts throughout the Presidio. In addition, campers will also spend time playing an additional sport depending on the week. Please note that half of the day is tennis instruction and the other half is a different sport. Check the camp schedule for the sport of the week.

BASKETBALL

Basketball was invented at the YMCA! Learn and practice teamwork, technical skills, and strategy through drills and game play. At the end of the week, campers will take part in camp-wide tournament.

GOLF

Learn the fundamentals of golf with the Presidio Golf Course! Campers receive a half-day of instruction and practice time, gain basic course etiquette, and learn key rules of the game.

SOCCER

GOAL! Campers learn and practice their soccer skills out on the field while developing flexibility, coordination, stamina, and strategy. If your camper has shin guards and cleats, they are welcome to bring them to camp - however, it is not necessary to have them.



YBIKE CAMPS

OVERVIEW

Explore the city on two wheels! At YBike Camp, youth will gain a sense of independence, leadership, environmental stewardship, and the ability to navigate safely through our urban environment. We provide bikes and helmets, but campers may bring their own bike and/or helmet as long as their equipment passes a safety inspection by YBike staff.

Attendance on the first day of bike camp is mandatory. On this day counselors evaluate campers' skill level individually and as a group, and assess each camper's proper placement in camp. If you can't make it to day one, please notify the Bike Camp Coordinator, Jared Hawkey (jared@ybike.org).

We offer camps designed for all skill levels, making it easy to choose a camp your child will enjoy. If you have any questions about what camps are appropriate for your child, contact the Bike Camp Coordinator, Jared Hawkey (jared@ybike.org).

CAMP SKILL LEVELS & ASSESSMENTS

Our bike camps are divided into 6 skill levels: 3 for children entering grades 2-3, and 3 for children entering grades 4-9. Grades 2-3: Intro to Biking, Junior Novice, Junior Intermediate Grades 4-9: Novice (Road/Mountain), Intermediate (Road/Mountain, Advanced (Road only).

Please see additional skill level descriptions on the Presidio Y Camp webpage: www.ymcasf.org/programs/presidio-camp

*Camps are listed by skill level

INTRO TO BIKING

Never rode a bike before? This camp is designed for youth who are just learning to bike, or who haven't yet mastered riding on two wheels. The daily progress is gradual and steady, with the goal of achieving basic competence in balance and bike control. Campers may have the opportunity to visit nearby destinations at Fort Point, Crissy Beach, and Aquatic Park.

Weeks 2 & 7:	June 5-9, July 10-14
Grades	2-3
Fee	Facility Member Community Participant
	\$370/week \$430/week



JR. NOVICE BIKING

For those campers who have mastered pedaling and balance, Jr. Novice Biking camp introduces the possibilities of riding on the city's many available roadways and bikeways. Campers will spend the week riding in the Presidio, Golden Gate Park and beyond!

Weeks 3 & 8:	June 12-16, July 17-21
Grades	2-3
Fee	Facility Member Community Participant
	\$370/week \$430/week

JR. INTERMEDIATE BIKING

Rides in this camp take campers further, with more time spent on-bike and more mileage logged every day. Campers will participate in rides that will take them through many of the city's neighborhoods, discovering what the city offers for bicyclists and gaining an understanding of their community.

Weeks 4 & 9:	June 19-23, July 24-28
Grades	2-3
Fee	Facility Member Community Participant
	\$370/week \$430/week

NOVICE ROAD BIKING

For those campers who have mastered pedaling and balance, Novice Road Biking camp introduces the possibilities of riding on the city's many available roadways and bikeways. Campers will learn about route planning, city infrastructure, nutrition, and their communities as they spend the week riding in Golden Gate Park and across the Golden Gate Bridge.

Week 3:	June 12-16
Grades	4-9
Fee	Facility Member Community Participant
	\$370/week \$430/week

NOVICE MOUNTAIN BIKING

Campers will learn how to use their bikes differently in various terrain, and will be introduced to the concept of using their bike as an extension of their body. Using the Presidio's many paths and trails, campers will gain a sense of bike gearing, balance, and confidence as they overcome obstacles both literal and mental.

Week 5:	June 26-30
Grades	4-9
Fee	Facility Member Community Participant
	\$370/week \$430/week

YBIKE CAMPS

CONTINUED

INTERMEDIATE ROAD BIKING

Rides in this camp take campers further, with more time spent on-bike and more mileage logged every day. Campers will be invited to help plan and lead rides that will take them through many of the city's neighborhoods, discovering what the city offers for bicyclists and gaining an understanding of community connectedness.

Week 4:	June 19-23
Grades	5-9
Fee	Facility Member Community Participant
	\$370/week \$430/week

INTERMEDIATE MOUNTAIN BIKING

After trying out trail riding in our Novice Mountain Biking camp, join us for the next level with an eye toward expanding our riding into mountain biking trails in the Bay Area. We'll check out the trails in Golden Gate and McLaren Parks, and at the week's end we'll travel to one of YBike's favorite spots for gorgeous singletracking: China Camp State Park.

Weeks 8 & 9:	July 17-21, July 24-28
Grades	5-9
Fee	Facility Member Community Participant
	\$370/week \$430/week

GIRLS' ROAD BIKING (OVERNIGHT)

Do you find yourself daydreaming of adventures near and far? Do you enjoy spontaneous dance parties and a well-toasted s'more? Girls' Road Biking is all about celebrating the power of community to motivate us to be our best selves and take on challenges as a group. This week, we will explore the Bay on two wheels, perhaps taking in the scene at Fisherman's Wharf, or tasting the sea spray along the Great Highway, or finding the best hidden slides in San Francisco. The week will culminate with an overnight at Point Bonita YMCA; campers will ride back to the Presidio on Friday.

Week 5:	June 26-30
Grades	5-9
Fee	Facility Member Community Participant
	\$410/week \$475/week

ADVANCED ROAD BIKING

Over the course of the week, this camp ranges far and wide, visiting destinations across all corners of the city. Campers will be covering lots of ground each day, stacking up mileage as they take in views from the tops of some of the tallest hills and discover the city's most hidden treasures.

Week 6:	July 3-7
Grades	6-9
Fee	Facility Member Community Participant
	\$296/week \$344/week



PEDAL THE PARKS (POINT BONITA YMCA)

Explore your parks on two wheels! This camp is designed for youth who are just learning to bike, or who haven't yet mastered riding on two wheels. Campers will participate in sessions with targeted instruction and practice on bikes throughout the week. In between bike rides, campers will explore various park sites in the Golden Gate National Recreation Area including Fort Point, Maritime Historic Park, and the Marin Headlands while also participating in service projects.

Week 10:	July 31-Aug 4
Grades	3-5, 6-8
Fee	Facility Member Community Participant
	\$325 \$375



POINT BONITA Y DAY CAMPS: K-8

OVERVIEW

DAY CAMP

YMCA of San Francisco families now have an opportunity to experience Day Camp in the coastal bluffs of the Marin Headlands! With San Francisco, Sausalito and Mill Valley bus pick-ups available, campers from all around can come and experience camp among the mountains of the Golden Gate National Recreation Area right in our backyard!

HOURS

FREE Extended Care: 8:00am-9:30am

Camp Hours: 9:30am-4:00pm

FREE Extended Care: 4:00-5:30pm

ON SITE DROP OFF/PICK UP

Point Bonita is located between the Marin Headlands Visitor Center and the Pt. Bonita Lighthouse, at 981 Fort Barry, Sausalito, 94965. Campers are welcomed to start arriving at 8:00am for morning extended care activities until 9:30am. Parents can pick up onsite starting at 4:00pm and until 5:30pm. Parking is available onsite.

SHUTTLE PICK UPS

If onsite drop off is not an option for you, there are 3 pick-up locations available. Please choose the right pick up location when registering your camper.

1. Presidio Community YMCA, Letterman Gym, 1152 Gorgas, 94129. *If you are choosing a pick up at the Presidio YMCA, you will need to sign your camper in at drop off at the Presidio Y.
2. Sausalito, 5-minute tunnel parking area. *If the Sausalito pick up is your choice, you will need to wait with your camper until the shuttle arrives between 8:45-9:00am.
3. Mill Valley Transit Center.

SHUTTLE HOURS

Morning Pick Up: 8:00am-9:15am

Afternoon Drop Off: 4:00pm-5:00pm

SHUTTLE FEES

\$35/week for either a morning or afternoon pick up/drop off

\$70/week for both mornings and afternoon pick up/drop off

CAMP PROGRAMS

*CAMPS ARE LISTED IN CHRONOLOGICAL ORDER

WILD ABOUT NATURE

Young nature lovers will enjoy the great outdoors as we explore the wonders of nature! Campers learn to use what nature provides as they build outdoor shelters. We'll hike along our many paths and trails seeking out trees and special plants to identify. They'll learn about wildlife and endangered species while they compare and contrast the characteristics of many common and unusual animals. Nature crafts of all kinds bring variety and build important skills.

Week 2: June 5-9

Grades K-2

Facility Member: \$305 Community Participant: \$355

SPORTS SAMPLER

Game on! This camp is designed to teach general skills in the following sports: soccer, basketball, volleyball, and other field games. Sports Camp is a safe, fun, non-competitive program designed to build teamwork, leadership skills, and self-esteem. Campers will also enjoy the outdoors while participating in traditional camp activities.

Week 2: June 5-9

Grades 3-5, 6-8

Facility Member: \$305 Community Participant: \$355

POINT BONITA Y DAY CAMPS: K-8

CONTINUED

LEGO MINECRAFT ADVENTURE

Bring Minecraft to life using LEGO. Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and use these resources to build special items to help in our adventures! Build a Zoo, create a Medieval Castle, and design a Tree House Village! This LEGO experience is an original game designed by Play-Well instructors inspired by the popular game, Minecraft. Campers will have a blast, even without any prior experience with Minecraft or LEGO.

Week 3: June 12-16

Grades K-2

Facility Member: \$335 Community Participant: \$385

LEGO MINECRAFT SURVIVAL

Bring Minecraft to life using LEGO. Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, craft tools, and watch out for Creepers! This ultimate LEGO Minecraft experience is an original game designed by Play-Well instructors, using gameplay elements and characters inspired by the popular Minecraft video game. Students will have a blast, even without any prior experience with Minecraft or LEGO.

Week 3: June 12-16

Grades 3-5

Facility Member: \$335 Community Participant: \$385

CLAYMATION STUDIO

Watch your child's imagination come to life on screen through the magic of stop motion animation, Claymation! Campers will watch and analyze beloved animated films like Coraline, Wallace and Gromit, and Chicken Run, to learn the elements of storytelling and Claymation techniques. In small groups, campers will collaborate to brainstorm ideas, create a storyboard and script, sculpt clay figurines, and build scenery, while shooting a short stop-motion animation movie.

Week 4: June 19-23

Grades 6-8

Facility Member: \$325 Community Participant: \$375

TREASURE HUNTERS

Join a week full of awesome scavenger hunts, games, and outdoor exploration as you work with your team to solve riddles and navigate your way! *Includes Thursday overnight.

Week 4: June 19-23

Grades K-2

Facility Member: \$375 Community Participant: \$425

OUTDOOR SURVIVAL SKILLS

Do you have what it takes to survive in the woods? Learn basic skills and challenge yourself in the great outdoors. Campers discover the finer points of preparing for a big outdoor adventure and will develop orienteering skills using a map and compass plus they'll learn about plant and animal identification.

Participants will also learn a variety of useful camping skills including building a fire, making camp shelters, knot tying, campfire cooking as well as participate in a camp improvement project! *Includes Thursday overnight.

Week 4: June 19-23

Grades: 3-5, 6-8

Facility Member: \$375 Community Participant: \$425

FAIRYTALE ADVENTURES

Campers let their imaginations soar in this magical fairy tale-themed arts and crafts camp! Participants make dragon and fairy wings, prince and princess crowns, wands, jewels, fairy tale puppets and more. Kids will also enjoy a special tea party and end of the week costume parade.

Week 5: June 26-30

Grades: K-2

Facility Member: \$305 Community Participant: \$355

AWESOME CAMP

Come have fun and learn with us! Campers will boost their reading and academic confidence by working in small, supportive groups with certified Speech & Language Pathologists. Speech Inc. staff will use evidence-based teaching techniques to boost campers' reading and learning this summer. The skills of decoding, fluency, comprehension, and spelling are taught in the morning, leaving the afternoon for summer fun with friends! Campers are grouped by age range and according to ability.

Week 5: June 26-30

Grades: 3-5

Facility Member: \$375 Community Participant: \$400



POINT BONITA Y DAY CAMPS: K-8 CONTINUED



THEATER IN THE PARKS

Campers imaginations take the lead to captivate the stage as cast and crew. Drama games and exercises will provide youth opportunities to develop confidence and comfort on stage. Campers will work together as a team rehearsing and preparing for a culminating end of week performance that will give our young thespians a chance to showcase their talents.

Week 5: June 26-30
Grades: 3-5, 6-8
Facility Member: \$325 Community Participant: \$375

STARS AND STRIPES

This week we celebrate this nation's history with 4th of July themed games, a study of American heroes and heroines. Campers will celebrate America's birthday by tasting regional foods and learning about the different cultures within our great country.

Week 6: July 3-7
Grades: K-2, 3-5, 6-8
Facility Member: \$245 Community Participant: \$285

LEGO JEDI ENGINEERING

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire!

Week 7: July 10-14
Grades: K-2
Facility Member: \$335 Community Participant: \$385

LEGO JEDI MASTER ENGINEERING

The Force Awakens in this advanced engineering course for young Jedi! Discover key engineering concepts such as gear trains, worm drives, pneumatics, and eccentric motion. Build LEGO X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses, and other complex machines and structures from a galaxy far, far away.

Week 7: July 10-14
Grades: 3-5
Facility Member: \$335 Community Participant: \$385

OUTDOOR COOKING

Join us for a week full of yum! Campers will learn essential kitchen skills that can take their cooking from the kitchen to the great outdoors. The week will include lessons in safely building and extinguishing campfires as well cooking safety, and the essentials of preparing healthy snacks and scrumptious meals in the great outdoors.

Week 7: July 10-14
Grades: 6-8
Facility Member: \$325 Community Participant: \$375

POINT BONITA Y RESIDENTIAL CAMPS: GRADES 3-5, 6-8

Our 6-day program emphasizes growth and strengthening character values in all campers. Throughout the program, campers learn more about themselves and how to work together as a group. Whether it is playing an all-camp game, learning new skills in an activity session, or eating meals in the dining hall, campers form meaningful relationships, try new things, and have tons of fun. Camp is full of traditional outdoor activities like campfires, hikes, skits and songs, dorm cheers and the chance to sleep under the stars.

During their time at Point Bonita, campers disconnect from the technology and distractions of outside life while immersing themselves in the surrounding nature. Here at camp, our number one priority is providing a safe, positive camper experience. We believe that campers are most successful when supported by caring staff and given the opportunity grow beyond their comfort zones to discover in themselves resiliency, responsibility and confidence.

SESSION DATES & THEMES:

June 19-23, **Under the Sea**
June 26-30, **Myths and Legends**
July 10-14, **Intergalactic Week**
July 24-28, **Flora and Fauna**

PRICING:

Facility Member: \$575
Community Participant: \$675

AVAILABLE ACTIVITIES

Archery	Kayaking
Arts & Crafts	Music
Badminton	Orienteering
Basketball	Painting
Dance	Service Projects
Drama	Singing
Drawing	Soccer
Flag Football	Survival Skills
Gardening	Swimming
Hikes	Water Games

SAMPLE DAY

7:30AM Rise and Shine
8AM Breakfast
8:45AM Inspiration
9AM Dorm Clean-up
9:30AM Activity 1
10:45AM Activity 2
12PM Lunch
1PM Rest Hour
2PM Activity 3
3:15PM Activity 4
4:30PM Dorm Time
6PM Dinner
7PM Twilight Games
8PM Evening Program
9:30PM Reflection
10PM Lights Out



PLAY LEARN SERVE WORK CAMPS: K-8

SUMMER CAMP WITHOUT WALLS

NATIONAL INIATIVE

For a third year in a row, the YMCA of San Francisco is proud to offer another 4-weeks of a Summer Camp Without Walls (formerly My National Parks camp). A partnership between the Y of the USA, the Department of the Interior, and the National League of Cities, Summer Camp Without Walls is an opportunity for campers from various YMCA branches to spend an entire week outside learning, exploring, and giving back to the Golden Gate National Recreation Area.

SAMPLE WEEK SCHEDULE

Monday	Camp Welcome and Pt. Bonita Day
Tuesday	Marin Headlands Exploration
Wednesday	Service Learning Projects
Thursday	Field Trips
Friday	GGNRA Parks & Community Campfire



PARK EXPLORERS

YMCA of USA and the National Park Service have partnered together on the Let's Move! Outside initiative to empower youth to discover and care for our public lands. Earn your Jr. Ranger badge and learn the Jr. Ranger motto of Explore, Learn and Protect. Campers will visit various Golden Gate National Recreational Park sites, participate in a service project, meet a Park Ranger and end the week with a campfire complete with s'mores!

Week 8: July 17-21
 Grades: K-2, 3-5
 Facility Member: \$325 Community Participant: \$375

PARK STEWARDS

This camp aims to plant the seeds of stewardship in youth. Campers will gain the skills to become 21st century stewards by participating in service projects, gaining career and leadership skills, and taking field trips to iconic Golden Gate National Recreation Area sites including Alcatraz and Muir Woods. Service projects vary but may include habitat restoration, plant propagation and trail work. (Possible Thursday overnight at Rob Hill Campground in the Presidio)

Week 8: July 17-21
 Grades: 6-8
 Facility Member: \$325 Community Participant: \$375

SPLISH SPLASH

Campers will learn basic water safety skills by participating in dry land and pool activities. Campers will then take their newfound skills to explore the water, waves and beaches of their public lands. They will embark on a week-long adventure in a variety of aquatic settings where they will examine marine life in tide pools, build sand castles at the beach and rolic in the calm waters of nearby lakes.

Week 9: July 24-28
 Grades: K-2, 3-5, 6-8
 Facility Member: \$325 Community Participant: \$375

PLAY LEARN SERVE WORK CAMPS: K-8

CONTINUED

JR. TRAILBLAZERS

Campers become "Eco-Explorers" as they investigate the natural surroundings at camp. At various National Park sites, campers will take walks through the forest, grassy hillsides, coastal dune scrubs, and sandy beaches to explore our local wildlife. Activities include: bug safaris, nature hunt, create-a-critter-from-litter, and more!

Week 10: July 31-Aug 4
 Grades: K-2
 Facility Member: \$325 Community Participant: \$375

PEDAL THE PARKS

Explore your parks on two wheels! This camp is designed for youth who are just learning to bike, or who haven't yet mastered riding on two wheels. Campers will participate in sessions with targeted instruction and practice on bikes throughout the week. In between bike rides, campers will explore various park sites in the Golden Gate National Recreation Area including Fort Point, Maritime Historic Park, and the Marin Headlands while also participating in service projects.

Week 10: July 31-Aug 4
 Grades: 3-5, 6-8
 Facility Member: \$325 Community Participant: \$375

CAMP OUT!

Do you have what it takes to survive in the woods? Learn basic skills and challenge yourself in the great outdoors. Campers discover the finer points of preparing for a big outdoor adventure, develop orienteering skills using a map and compass, and learn about plant and animal identification. Participants will also learn a variety of useful camping skills including building a fire, making camp shelters, knot tying, and campfire cooking and will participate in an overnight camp experience at Rob Hill Campground.

Week 11: Aug 7-11
 Grades: 3-5, 6-8
 Facility Member: \$385 Community Participant: \$435

WEE ADVENTURERS

Start your child's appreciation of the great outdoors! From the moment campers arrive each day, counselors guide them through traditional camp experiences including hiking, nature study, group games, arts and crafts. Campers will have opportunities to sing songs, tell stories, and meet new friends. All activities are geared to show your camper the wonders of nature in their National Park and beyond.

Week 11: Aug 7-11
 Grades: K-2
 Facility Member: \$325 Community Participant: \$375



TEEN LEADERSHIP OPPORTUNITIES

GRADES 9-12

For High School teens looking to step up into leadership roles at camp or continue expanding their leadership experience, the Youth Volunteer and Camp Internship Programs are available to them all weeks of the summer. Teens will get hands-on experience through direct “on-the-job” training, learning valuable preliminary job skills. Interns will help identify camp needs and build solutions to meet those needs. Additionally, they’ll have the opportunity to teach what they’ve learned to K-5 Campers. This is completely volunteer work and there are no fees for either program, though monetary or snack donations are gladly accepted!

HOW TO APPLY

Both of these programs are free and space is limited! Our selection process involves an application and candidates will be invited for an interview. Applications can be found on our Camp Presidio website on Feb 6th. Applications are due by April 3rd.

YOUTH VOLUNTEER PROGRAM (GRADES 9-10)

In our Youth Volunteers Program, teens will discover the value of social responsibility and “giving back” to their communities, learn about the YMCA, and acquire preliminary job skills. Youth Volunteers must commit to at least 3 weeks during the summer; volunteers can use this experience to fulfill their school’s community service requirements. This is a great professional development opportunity for teens interested in being a part of our Camp Internship Program next summer.

Requirements: Entering grades 9-10th; commitment for at least 3 weeks.

Volunteer Weeks: May 31–August 11; there are limited volunteer slots available for each week. Volunteer and Camp Director to determine schedule of weeks.

For more information and to apply, please contact Allison Ambrozy at AAmbrozy@ymcasf.org.



TEEN LEADERSHIP OPPORTUNITIES

GRADES 9-12

CAMP INTERNSHIP PROGRAM (GRADES 11-12)

Camp Interns will learn job skills relevant to work in the field of Youth Development, including group facilitation, public speaking, and camp operations. Scope of work for the internship will be determined by the intern and the Camp Director. Camp Interns also have the option to receive interview and resume coaching from our Director of Youth Development. Interns must commit to 6 weeks during the summer. This is a great professional development opportunity for teens interested in working with youth or in non-profits!

Requirements: Entering grades 11-12th; commitment for 6 consecutive weeks.

Internship Weeks: May 31–August 11; intern and Camp Director to determine 6-week schedule.

For more information and to apply, please contact Allison Ambrozy at AAmbrozy@ymcasf.org.





YMCA SUMMER CAMP 2017 REGISTRATION FORM

One Per Child

Participant's Name: _____

Date of Birth: ___/___/___ Grade level entering in fall 2017: _____ School: _____

Parent/Guardian e-mail: _____

Parent/Guardian #1 (emergency contact & authorized to pick-up child)

Name: _____

Primary Phone: _____

Secondary Phone: _____

Parent/Guardian #2 (emergency contact & authorized to pick-up child)

Name: _____

Primary Phone: _____

The following people (in addition to the people listed above) are authorized to pick-up my child:

Pick-Up #1 Name: _____

Pick-Up #1 Phone: _____

Pick-Up #2 Name: _____

Pick-Up #2 Phone: _____

OPTIONAL - Additional authorized pick-ups

Pick-Up #3 Name: _____

Pick-Up #3 Phone: _____

Pick-Up #4 Name: _____

Pick-Up #4 Phone: _____

Please list allergies:

Please list medications your child takes:

Is there anything else we should know about your child?

Please tell us your camper's t-shirt size:

**FOR POINT BONITA Y CAMP ONLY
What is your preferred pick up location?**

- Sausalito
- Presidio YMCA
- Point Bonita YMCA
- Mill Valley Transit Center

Schedule automatic payments for future balance(s) due by speaking with a Membership Services Staff

Deposit(s): \$35 x ___ camp session(s) = \$ _____

Annual Giving Campaign Contribution (optional): \$ _____

Your tax deductible contribution helps send a child to camp!

Total:

CHILD'S NAME: _____

PRESIDIO Y DAY CAMP

ENTERING GRADES K-2

K-2 TRADITIONAL

- Week 1: Aloha Summer \$185/\$215
- Week 2: Science & Technology \$305/\$355
- Week 3: Animal Adventures \$305/\$355
- Week 4: Golden State \$305/\$355
- Week 5: Culinary Creations \$305/\$355
- Week 6: Summer Games \$245/\$285
- Week 7: Under the Sea \$305/\$355
- Week 8: Young Entrepreneurs \$305/\$355
- Week 9: Outer Space \$305/\$355
- Week 10: Nature Explorers \$305/\$355
- Week 11: YCamp Spirit \$305/\$355

K-2 SPECIALTY

- Week 2: LEGO Jedi Engineering \$335/\$385
- Week 3: Gymnastics \$335/\$385
- Week 4: Lego Art & Architecture \$335/\$385
- Week 5: Circus! \$335/\$385
- Week 6: Awesome Camp \$375/400
- Week 7: Yoga & Art \$270/\$310
- Week 8: YMakers \$335/\$385
- Week 9: LEGO Minecraft \$335/\$385
- Week 10: Park Explorers \$325/\$375
- Week 11: Wee Adventurers \$325/\$375

K-2 SPORTS

- Week 2: Tennis & Basketball \$335/\$385
- Week 3: Splash Camp \$335/\$385
- Week 4: Tennis & Golf \$335/\$385
- Week 5: Soccer \$335/\$385
- Week 6: Tennis & Basketball \$270/\$310
- Week 7: Splash Camp \$335/\$385
- Week 8: Tennis & Golf \$335/\$385
- Week 9: T-Ball \$335/\$385
- Week 10: Tennis & Soccer \$335/\$385

ENTERING GRADES 3-5

3-5 TRADITIONAL

- Week 1: Aloha Summer \$185/\$215
- Week 2: Science & Technology \$305/\$355
- Week 3: Animal Adventures \$305/\$355
- Week 4: Golden State \$305/\$355
- Week 5: Culinary Creations \$305/\$355
- Week 6: Summer Games \$245/\$285
- Week 7: Under the Sea \$305/\$355
- Week 8: Young Entrepreneurs \$305/\$355
- Week 9: Outer Space \$305/\$355
- Week 10: Nature Explorers \$305/\$355
- Week 11: YCamp Spirit \$305/\$355

3-5 SPECIALTY

- Week 2: Parkour: \$335/\$385
- Week 3: Bytes for Bits \$375/\$400
- Week 4: YMakers \$335/\$385
- Week 5: LEGO Eco-Engineering \$335/\$385
- Week 6: Top Chefs \$270/\$310
- Week 7: Breakdancing \$335/\$385
- Week 8: Top Chefs \$335/\$385
- Week 9: Bytes for Bits \$375/\$400
- Week 10: LEGO Superhero Eng. \$335/\$385
- Week 11: Camp Out! \$385/\$435

3-5 SPORTS

- Week 2: Soccer \$335/\$385
- Week 3: Tennis & Golf \$335/\$385
- Week 4: Splash Camp \$335/\$385
- Week 5: Tennis & Basketball \$335/\$385
- Week 6: Baseball \$270/\$310
- Week 7: Tennis & Golf \$335/\$385
- Week 8: Splash Camp \$335/\$385
- Week 9: Tennis & Soccer \$335/\$385
- Week 10: Y Tri Club \$335/\$385

BIKE CAMP 2-3

- Week 2: Intro to Biking \$370/430
- Week 3: Jr. Novice Biking \$370/430
- Week 4: Jr. Inter. Biking \$370/430
- Week 7: Intro to Biking \$370/430
- Week 8: Jr. Novice Biking \$370/430
- Week 9: Jr. Inter. Biking \$370/430

BIKE CAMP 4-9

- Week 3: Novice Road Biking \$370/430
- Week 4: Intermediate Road Biking \$370/430
- Week 5: Novice Mountain Biking \$370/430
- Week 6: Adv. Road Biking \$296/\$344
- Week 8: Inter. Mountain Biking \$370/430
- Week 9: Inter. Mountain Biking \$370/430

ENTERING GRADES 6-8

6-8 LOCALLY GROWN

- Week 2: Park \$305/\$355
- Week 6: Art \$245/\$285
- Week 7: Park \$305/\$355
- Week 9: Art \$305/\$355

6-8 YMAKERS

- Week 1: \$200/\$230
- Week 4: \$335/\$385
- Week 5: (Theater Edition)\$335/\$385
- Week 8: \$335/\$385
- Week 11: \$335/\$385

6-8 SPECIALTY

- Week 3: Skateboarding \$335/\$385
- Week 6: Aqua \$270/\$310
- Week 8: Park Stewards \$325/\$375
- Week 9: Splish, Splash! \$325/\$375
- Week 10: Leadership Overnight \$450/\$475
- Week 10: Pedal the Parks \$325/\$375
- Week 11: Camp Out! \$385/\$435

For Office Use Only Facility Members
Full Payment _____ or Deposit Only _____ Community Participant TOTAL _____

CHILD'S NAME: _____



RELEASE AND WAIVER OF LIABILITY & INDEMNITY AGREEMENT

Please fill out online: [CLICK HERE](#)

POINT BONITA YMCA DAY CAMP

ENTERING GRADES K-2

DAY

- Week 2: Wild About Nature \$305/\$355
- Week 3: LEGO Minecraft Adventure \$335/\$385
- Week 4: Treasure Hunters \$375/\$425
- Week 5: Fairytale Adventures \$305/\$355
- Week 6: Stars and Stripes \$245/\$285
- Week 7: LEGO Jedi Engineering \$335/\$385
- Week 8: Park Explorers \$325/\$375
- Week 9: Splish, Splash! \$325/\$375
- Week 10: Jr. Trailblazers \$325/\$375
- Week 11: Wee Adventurers \$325/\$375

ENTERING GRADES 3-5

DAY

- Week 2: Sports Sampler \$305/\$355
- Week 3: LEGO Minecraft Survival \$335/\$385
- Week 4: Outdoor Survival Skills \$375/\$425
- Week 5: Theater in the Park \$325/\$375
- Week 5: Awesome Camp \$375/\$400
- Week 6: Stars and Stripes \$245/\$285
- Week 7: LEGO Jedi Master \$335/\$385
- Week 8: Park Explorers \$325/\$375
- Week 9: Splish, Splash! \$325/\$375
- Week 10: Pedal the Parks \$325/\$375
- Week 11: Camp Out! \$385/\$435

RESIDENTIAL

- Week 4: Under the Sea \$575/\$675
- Week 5: Myths and Legends \$575/\$675
- Week 7: Intergalactic \$575/\$675
- Week 8: Flora and Fauna \$575/\$675

ENTERING GRADES 6-8

DAY

- Week 2: Sports Sampler \$305/\$355
- Week 3: Claymation Studio \$325/\$375
- Week 4: Outdoor Survival Skills \$375/\$425
- Week 5: Theater in the Park \$325/\$375
- Week 6: Stars and Stripes \$245/\$285
- Week 7: Outdoor Cooking \$325/\$375
- Week 8: Park Stewards \$325/\$375
- Week 9: Splish, Splash! \$325/\$375
- Week 10: Pedal the Parks \$325/\$375
- Week 11: Camp Out! \$385/\$435

RESIDENTIAL

- Week 4: Under the Sea \$575/\$675
- Week 5: Myths and Legends \$575/\$675
- Week 7: Intergalactic \$575/\$675
- Week 8: Flora and Fauna \$575/\$675

IN CONSIDERATION of being permitted to utilize the facilities, services and programs of the YMCA (or for my children to so participate) for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any off-site program affiliated with the YMCA, the undersigned, for himself or herself and such participating children and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will, inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgment that such premises and all facilities and equipment thereon and such affiliated program have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation by the undersigned and such children.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA FOR ANY PURPOSE INCLUDING, BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY OFF-SITE PROGRAM AFFILIATED WITH THE YMCA, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

THE UNDERSIGNED, ON HIS OR HER BEHALF AND BEHALF OF SUCH CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND CONVENANTS NOT TO SUE the YMCA, its directors, officers, employees, and agents (hereinafter referred to as "releasees") from all liability to the undersigned or such children and all his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefor on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releasees or otherwise while the undersigned or such children is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA.

THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any loss, liability, damage or cost they may incur due to the presence of the undersigned or such children in, upon or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA whether caused by the negligence of the releasees or otherwise.

THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE to the undersigned or such children due to negligence of releasees or otherwise while in, about or upon the premises of the YMCA and/or while using the premises or any facilities or equipment thereon or participating in any program affiliated with the YMCA.

THE UNDERSIGNED further expressly agrees that the foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

**I HAVE READ THIS RELEASE
(PRINT PARENT/GUARDIAN NAME)**

(PRINT CHILD NAME)

SIGNATURE OF PARENT/GUARDIAN

Date _____

Please keep me informed about future Presidio YMCA events:

Email Address _____



LOOKING FOR SOMETHING MORE?

SWIM LESSONS Group Swim Lessons began at the YMCA more than 100 years ago, and with all that experience behind us we have created a program that cannot be matched in quality, safety, or fun. We offer lessons for kids starting at 6 months old! YMCA swim lessons also include personal safety, personal growth, water sports/games and rescue components. For more information contact Amanda Ables, Associate Aquatics Director at aables@ymcasf.org or 415 447 9676.



YKIDS YKids is our childwatch program in which parents could run errands while kids draw, paint, create crafts, or watch a movies. Afternoon Drop Off can be reserved for up to 2 hours at a time and 2 day in advance by calling 415.447.9650. Drop ins may be accepted if space allows. There is a maximum of 2 visits a day for each child (no more than 4 hours a day). For more information contact Kristen Dambrowski, kdambrowski@ymcasf.org or 415 447 9621.



TENNIS PROGRAMS Interested in a more specialized tennis experience? We also offer 2-hour summer tennis clinics and special 4-hour tennis camps to get a more focused tennis training program this summer. The YMCA staff of certified Professionals will help teach: coordination, stroke development and plenty of games! For more information or to register contact Rich Carson, Tennis Coordinator, rcarson@ymcasf.org or 414 447 9602.



YOUTH BALLET Introduce girls and boys to the joy of ballet and movement through improvisation and play. Students will learn how to move in new ways, interact with peers, and express themselves. Classes provide structure to build confidence and a sense of accomplishment by establishing fundamental steps and promoting creative movements. For more information contact Kristen Dambrowski, kdambrowski@ymcasf.org or 415 447 9621.

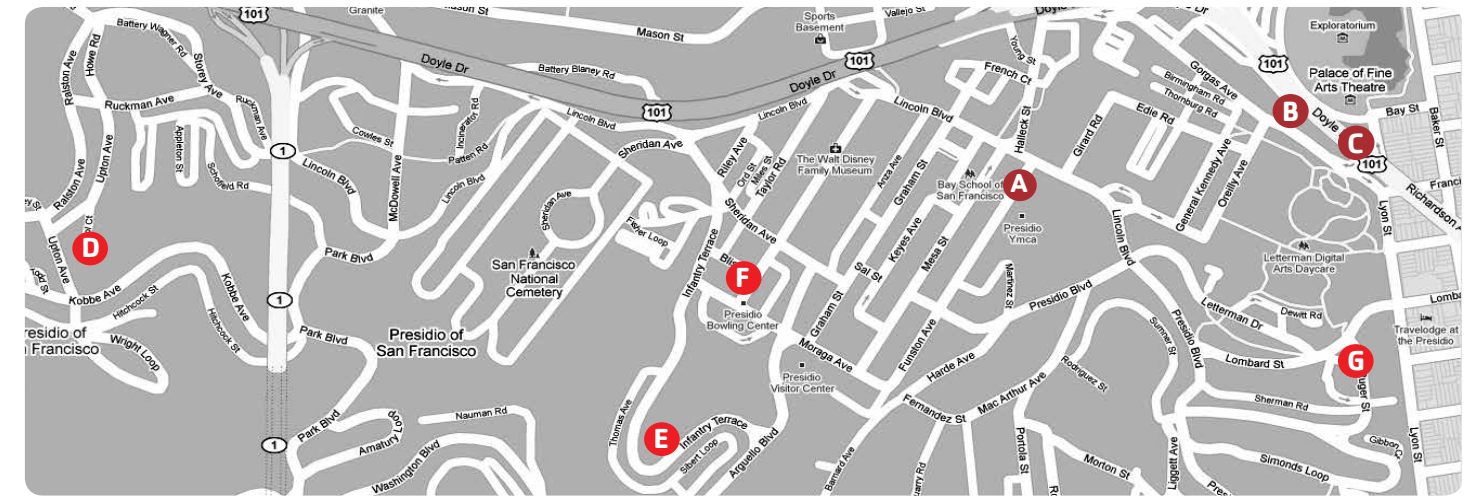


YOUTH SPORTS The Youth Sports program aims to empower children ages 2-5 to be confident and caring through the interconnected nature of team sports. We believe that participating in sports at a young age not only helps your child develop athletically, but also builds strong values and social skills. Join us today and give your child a positive experience full of new friends and endless possibilities. For more information contact Cory Vo, Sports Coordinator, cvo@ymcasf.org or 415 694 9096.



HOW TO GET HERE

Driving directions to Presidio Y Summer Day Camp



- A MAIN POST FITNESS CENTER**
63 Funston Ave., San Francisco, CA, 94129
- B LETTERMAN GYMNASIUM**
1152 Gorgas Ave., San Francisco, CA, 94129
- C LETTERMAN AQUATICS CENTER**
1151 Gorgas Ave., San Francisco, CA, 94129

- TENNIS COURTS (4)**
- D Fort Scott:** 1331 Wool Court
- E Infantry Terrace:** 328 Infantry Terrace St.
- F Bowling Court:** 93 Montgomery St.
- G Pro Court (Ruger):** 563 Ruger St.
- RESERVATIONS:** 415 447 9680

DRIVING DIRECTIONS

Driving Directions to the Presidio Y Camp

From 1-280 North:
Use the 19th Ave. Exit
Follow 19th Ave. through Golden Gate Park (19th Ave. becomes Park Presidio Dr. upon exiting park)
Continue on Park Presidio Blvd
Keep right at the fork and merge onto US-101

From East Bay/Bay Bridge:
Take the Mission St./Van Ness (U.S. 101 North) exit
Follow Mission St. until Van Ness St.
Take a left on Van Ness St.
Take a left on Lombard St.
Continue onto Richardson Ave
Slight right onto Baker St
Turn left onto Bay St
Bay St turns slightly left and becomes Lyon St.
Lyon St. turns slightly right and becomes Gorgas Avenue
Letterman Gym is on your right

From Marin/Golden Gate Bridge:
After crossing Golden Gate Bridge, take the Lombard St. exit.
Take the first right onto Gorgas Ave
The Letterman Pool is the 1st building on the right.

Parking Fees
Parking Fees are \$1.20 per hour and \$7 per day from 8am - 6pm. Parking is free outside of the indicated hours and on federal holiday.

Pick Up and Drop Off Parking
Feel free to use our free 15-minute green zone located on Gorgas Avenue along the Letterman Gym to pick up and drop off your camper.