

## *YMCA “Healthy Lifestyles YMCA-O”*

The Peninsula Family YMCA created this game to help San Mateo area residents incorporate some healthy lifestyle activities into their summer in a fun way. Participating individuals will not only feel better as a result of completing all the activities, but will also be eligible to win healthy lifestyle prizes donated by local businesses that want to help you continue to be active and eat healthier once the summer ends. Prize winners will be determined at the San Mateo On the Move closing event on 9/27/08 by a random drawing of all properly completed cards submitted in time. Complete game rules and drawing details follow:

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### *Peninsula Family YMCA Healthy Lifestyles YMCA-O Game Information, Rules, and Drawing Details*

- **Card Distribution:**
  - Cards will be available (one/person) as follows:
    - At the “San Mateo On the Move” kickoff event in Central Park on 6/7
    - Throughout the summer to Peninsula Family YMCA members, guests, and program participants
    - Throughout the summer to San Mateo Parks and Recreation Department program participants
    - Potentially through other channels, such as the San Mateo-Foster City School District summer school program, the San Mateo Public Library and other locations to be determined by the Peninsula Family YMCA.

- **Card/Activity Completion:**
  - All activities/blocks need to be checked as completed for prize eligibility.
  - No verifications are required for any specific activities (honor system applies). The benefit and satisfaction, however, is clearly in completing each activity. Family participation or participation by groups is encouraged for informal cross-verification in a fun way.
  - Adult co-signatures for participants under 18 are required as a matter of policy for YMCA-sanctioned activities.
  
- **Card Turn- in:**
  - Completed cards may be dropped off at or mailed to the Peninsula Family YMCA, 1877 S. Grant Street, San Mateo CA 94402.
  - Completed cards may be dropped off at any San Mateo Parks and Recreation Department Community Center/facility
    - Beresford Recreation Center
    - Central Park Recreation Center
    - MLK Community Center
    - King Swim Center
    - Joinville Swim Center
    - San Mateo Senior Center
    - City Hall - Parks and Recreation Office
  - Completed cards may also be able to be dropped off at businesses that have donated prizes and have also agreed to host collection boxes. As these businesses are confirmed they will be listed here. Check back here for updated listings.
  - All cards turned in at any designated drop-off location or mailed in to the Peninsula Family YMCA and received in time will be consolidated for the drawing.
    - Drop-off boxes will be picked up on the afternoon of 9/26. Once the box is removed, those locations will no longer accept cards.
    - If the box is no longer available, cards can still be dropped off at the Peninsula Family YMCA until 10:00PM 9/26.

- Completed cards can also be dropped off at the San Mateo On the Move closing event on 9/27 up until the start time of the drawing. No new cards will be accepted once the first name has been drawn.
  
- **Drawing:**
  - The drawing will be held on 9/27/08 at the San Mateo on the Move closing event at the Senior Center in conjunction with the Senior Health Fair.
  - For a card drawn to be a winner, all activities must be checked as completed, contact information must be provided, adult signatures must be provided for children/youth under 18, and the winning individual must live or work in San Mateo County. Individuals may win a maximum of one prize. In the event, during collection or consolidation, large numbers of cards are detected as having been submitted by the same person, The YMCA reserves the right to remove duplicates to maintain fairness.
  - You do not need to be present to win, but those present will have priority choice of prizes if their names are drawn. Persons present must select their prize at the closing event in a timely manner so as to enable other winners present to select theirs in turn without delay.
  - The first name drawn, if present, will have his/her choice of all prizes available. If that person is not present, he/she will have the first choice of all prizes not claimed by winners present at the drawing.
  - The second name drawn, if present, will likewise have his/her choice of all remaining prizes available. (All prizes will be available for selection if the first name drawn was not present. All prizes will be available except the one selected by the first person if that person was present.).
  - The same process continues until the number of different names drawn equals the total number of prizes available.
  - Priority prize selection, therefore, is: (1) by people present in order of names drawn followed by (2) people not present in order of names drawn. Peninsula Family YMCA representatives will rely on contact information provided on the cards entered

to make best efforts to contact winners. Winners will be contacted and prizes selected in order of names drawn. In the event contact cannot be made after best efforts using contact information provided, that person will be skipped and the next name drawn will move up in the selection process. New name(s) will be drawn if necessary to award all prizes.

**Thank you for playing YMCA- O!**  
**The Peninsula Family YMCA:**  
**“We build strong kids, strong families, strong communities”**

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