

# APILN NEWSLETTER

YMCA OF SAN FRANCISCO - MAY 2022



## ASIAN PACIFIC AMERICAN HERITAGE MONTH

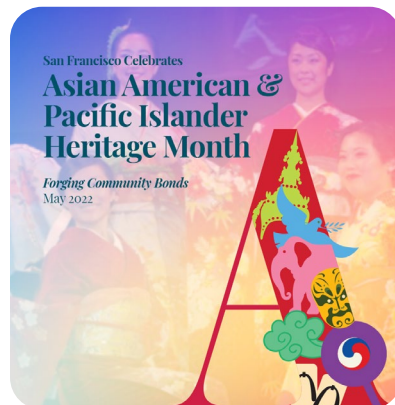
May is Asian Pacific American (APA) Heritage Month, which is also referred to as Asian Pacific Islander (API) Heritage Month. This is a celebration of Asians and Pacific Islanders in the United States and their contributions to the history, culture, and achievements. We have had a significant number of submissions of staff names and we can't wait to share it all with you!

Throughout the month of May you will see information on the YMCA of San Francisco's social media pages (Facebook, LinkedIn, and Twitter), as well as, internal 'shout outs and get to know you' fun facts about your Asian, Pacific Islander, and Hawaiian Native colleagues. Follow our APILN on Instagram at [ysf\\_apiln](#).

Additionally, the City of San Francisco will be celebrating the newly named Asian American & Pacific Islander Heritage Month. This year's theme for the city is **Forging Community Bonds**. Our APILN is a Publicity Partner and the YMCA of San Francisco is a Community Sponsor for the APA Heritage Month this year.

Check out the [online guide](#) of amazing events happening in our communities around the city, which include activism, arts & culture, films, museums, read & learn, and small businesses. Below is information around the Heritage Awards and Reception

- **Wednesday, May 4 at 5:30pm: APA Heritage Awards and Reception.** Admission to this event is FREE, but [RSVP](#) is REQUIRED due to limited capacity at both Herbst Theater and City Hall. We encourage individuals to wear ethnic festive attire if they wish to do so. Program highlights include: Mayor's Proclamation Signing Ceremony, cultural performances, presentations of APA Heritage Awards, and the cultural procession, which is a spectacular community song and dance. Immediately following the awards all guests are invited to the annual Taste of Asia Pacific Reception in City Hall. Sample various Asian cuisine, entertainment, exhibits, raffle, and more.



## APAHM EVENTS

**Sunday, May 1 from 2:00pm - 5:00pm:** [Workshop - Batik Filipinx](#). This is located at the SF Public Library on 100 Larkin St. on the 2nd Floor at The Mix. Make your own handkerchief designed and inspired by Filipinos' beautiful artwork of batik (tie-dye). Bring friends and family for a fun celebration.

**Thursday, May 5 from 3:00pm-4:00pm:** [Japanese Taiko Drumming with Kristy Oshiro](#). This is located at the SF Public Library - Mission Bay on 960 4th Street. Learn about the Japanese art of taiko. Feel the thunderous sounds of the drums vibrating through your body as language, culture and history combine into an exciting educational experience.

**Thursday, May 12 from 7:00pm-9:00pm:** [CAAMFest Opening Night](#). FREE CHOL SOO LEE, directed by Eugene Yi, Julie Ha. This will be held at the Castro Theatre. In 1973, Korean immigrant Chol Soo Lee was wrongfully convicted of a gangland murder in San Francisco Chinatown. Ten years later, the landmark efforts of the local pan-Asian community helped set him free. However, was an unexpected icon ready for the outside world after years on Death Row?

**Friday, May 13 from 2:00pm-3:30pm:** [Chinese American Genealogical Research](#). Learn how to conduct genealogical research for Chinese Americans in the U.S. and find ancestors using the Library's resources and tools, government census data, city directories and NARA genealogical records.

## MORE APAHM EVENTS

**Sunday, May 15 from 3:00pm–4:00pm:** [Immigration Stories of Asian American Women - Here is Happiness \(VIRTUAL - Tickets FREE\)](#). Watch experienced storytellers perform hopeful immigration stories. Alton Chung, Eleanor Clement Glass, and Janet Liu bring to life the diverse immigrant experiences of Asian American women with compelling stories about an early 20th-century Japanese mail-order bride, a Filipina World War I bride, and a young girl leaving her home in Taiwan in the 1960s. This program is recommended for ages 16 and up, but the whole family is welcome.

**Thursday, May 19 at 6:30pm (VIRTUAL - Tickets Required \$5):** [Rice and Asian Americana](#). Rice farmer Robin Koda and wheat farmer Mai Nguyen join chef and cookbook author Diep Tran for a conversation about the complex role of rice in the formation of Asian Americana. In popular culture, rice plays many roles, from a crop that symbolizes the ingenuity, thrift, and resilience of Asian American farmers to a food that represents Asian American cuisine as a whole. We'll explore the many narratives of rice and consider if these stories expand, or narrow, our understanding of Asian American culture.

**Monday, May 23 from 4:00pm–4:30pm:** [Hawaiian Hula Dance](#). Join us for a hula performance by Halau Ha'a Kea o Kinohi, along with a cultural presentation to learn about the meaning and history of hula.

**Wednesday, May 25 from 3:00pm–4:00pm:** [Phenomenally AAPI Books and Resources for Youth](#). (VIRTUAL - YOUTUBE). Watch this event live via YouTube. San Francisco Public Library and New York Public Library youth librarians team up to talk about Asian-American, Native Hawaiian and Pacific Islander representation in children's and young adult literature.

For more events throughout the month go to the [event guide](#) for the Asian American & Pacific Islander Heritage Month.

## COOKING WITH TYLER DENG

Join us on Monday, May 23rd at the Chinatown YMCA kitchen from 5:30pm - 8:00pm as we work in small groups to cook with Tyler Deng. Tyler is a former YMCA of San Francisco employee that loves cooking. He has created fantastic dishes in his own home like clay pot, popcorn chicken, fish, pho dac biet, steak, and so much more. He even started his own meal delivery service during the pandemic.

We will be making garlic noodles and bok choy. We hope that we can continue these cooking events. Therefore, we are starting off with some basics. Please come enjoy the fun and cook with friends...best part, you get to eat what you created afterwards.

We will be providing everything that you need for the event and all you need to do is show up. **Spaces are limited** and registration is required.

### [REGISTER FOR THIS EVENT](#)



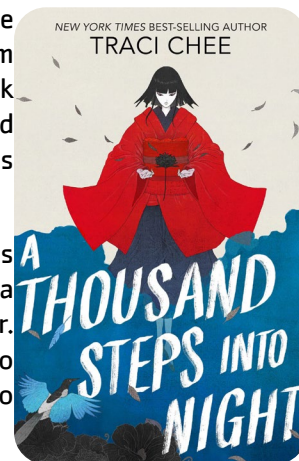
## BOOK CLUB: A Thousand Steps Into Night

Join us for the return of our book club. This summer we will be reading "A Thousand Steps Into the Night" from New York Times bestselling author and National Book Award finalist, **Traci Chee**. This is a Japanese-influenced fantasy brimming with demons, adventure, and plans gone awry.

In the realm of Awara, where gods, monsters, and humans exist side by side, Miuko is an ordinary girl resigned to a safe, if uneventful, existence as an innkeeper's daughter. But when Miuko is cursed and begins to transform into a demon with a deadly touch, she embarks on a quest to reverse the curse and return to her normal life.

Registration is open to all! Click [HERE](#) to register. First 3 registrants will receive a FREE copy of the book. You will have from July 1 - August 17, 2022 to read the book. We will have a wrap up zoom call on August 18 at 6:00pm.

For more information about the book club or to suggest future readings, please contact [Dara Meinert](#).





# APILN AND DOKKAEBIER COLLABORATION

The YMCA of San Francisco’s Asian Pacific Islander Leadership Network (APILN) is excited to announce that we are collaborating again with Dokkaebier for APA Heritage Month! Dokkaebier will donate 10% of all sales, beer and merchandise, to be used specifically for APILN resources and support of AAPI communities. All items, beer and merchandise, are available on the website.

## ORDER STARTING MAY 1st!



**When:** May 1 - 31, 2022

**Method:** You can add an additional donation for APILN at the end by adding “YMCA x Dokkaebier”

**S&H\*:** Next day shipping throughout CA for orders placed Monday - Thursday.

**\*Dokkaebier ONLY ships beer within CA. Merchandise can be shipped anywhere in the US.**

**\*\*You must be 21+ in order to receive the beer.**

**Pick-Up Option:** For those living in the SF Bay Area, we are organizing a local pick-up at the Embarcadero YMCA. The shipping charge for this option will be refunded at checkout.

### 1. Order online

### 2. Enter the following information for shipping:

Company: EMBARCADERO YMCA

Address: 169 Steuart St  
San Francisco, CA 94105

### 3. Pick-up date and hours (Mon-Fri / 10am - 7pm)

**Order Date > Available After**

5/1-5/8 12pm > 5/10 10am

5/9-5/15 12pm > 5/17 10am

5/16-5/22 12pm > 5/24 10am

5/25-5/31 12pm > 6/2 10am

## APILN COMMITTEE MEMBERS

Dara Meinerth  
Monica Lai  
Cecilia Ching  
Cynthia Pun  
Crissie Ponciano  
Grace Ihn  
Kevin Lee  
Michelle Chu

Chair  
Vice Chair  
Secretary  
Treasurer  
Member  
Member  
Member  
Member

Theresa De Dios  
Chad Nico Hiu  
Lauren Clapperton  
Rodney Chin

Exec. Sponsor  
Assoc. Champion  
Exec. Ally  
Volunteer Historian

The APILN is a community of Asian, Pacific Islander, and Native Hawaiian staff and allies who share information and resources through in-person and virtual social and educational experiences. Our goal is to create the feeling of belonging, build community, and advance career development of Asian, Pacific Islander, and Native Hawaiian staff by empowering their rise within the Y through advocacy, networking, and mentoring.

Follow us on Instagram at @ysf\_apiln or on Facebook at Apiln Ysf

## VIRTUAL SPECIAL EVENT: AMERICAN LIKE ME

The YMCA of Greater Seattle will be hosting a virtual event on May 30, 2022 from 5:30pm - 6:30pm.

[REGISTER](#) in advance!

### American like me: Exploring the Asian American Identity Crisis

Should one assimilate or preserve their heritage? It’s a question many young Asian-Americans are asking themselves. Asian American youth are facing an identity crisis: feeling pressure to both embrace American culture and maintain the ethnic heritage and traditions of their immigrant parents, which is affecting their psychological wellbeing.

Join us for a rich discussion that explores the history of the Asian American Pacific Islander label, the Asian American racial and ethnic identity crisis, the pressure of representation, the model minority myth, and the newest call for racial data disaggregation.

Moderator Trish Villanueva, Branch Executive, Northshore YMCA will be joined by panelists Dr. Tracy Lai, instructor on the topics of U.S. history, women, Asian American and ethnic studies at Seattle Central College; Dr. Linh Thuy Nguyen who specializes in Asian American and Southeast Asian American cultural studies, immigration and refugee studies and US militarism and race; and Paresh Mundane, Engineering Manager for Amazon, Bollywood Dance Instructor, Program manager for CRY America, and Y Community Member.

[REGISTER TODAY!](#)



## RECIPE CORNER

### Homemade Egg Rolls

2 tsp vegetable oil  
3/4 lb ground pork  
salt and pepper to taste  
1 tsp minced garlic  
3 cups coleslaw mix  
1/4 cup sliced green onions  
1 Tbsp soy sauce  
1 tsp toasted sesame oil  
1 egg beaten  
oil for frying



### Chicken Lettuce Wraps

1 lb ground chicken  
1 Tbsp vegetable oil  
1 yellow onion (finely chopped)  
4 cloves garlic (minced)  
1 Tbsp chopped ginger  
1 Tbsp sesame oil  
1 package shiitake mushrooms  
1 julienne cut carrot  
1/4 cup hoisin sauce  
1 Tbsp chili garlic sauce  
2 Tbsp chopped cilantro  
4 green onions  
1 head boston lettuce



### **Peanut Sauce**

3 Tbsp crunchy peanut butter  
2 tsp brown sugar  
1 Tbsp soy sauce  
1 Tbsp freshly squeezed lemon juice  
1 tsp chile garlic sauce  
1 tsp freshly grated ginger

### Taiwanese Beef Noodle Soup

2 Tbsp oil  
2 1/2 lbs boneless chuck, shank or brisket cut into 1 1/2 inch pieces  
5 inch piece of ginger (cut thick slices)  
8-10 cloves garlic (peeled)  
1 large onion, cut into large wedges  
4 scallions (whites only)  
1 Tbsp brown sugar  
1 large tomato, roughly chopped  
3 whole star anise  
2 whole cloves  
1 Tbsp sichuan peppercorns  
2tsp fennel seeds (not ground)  
6 cups low sodium beef stock + 6 cups of water



## CONTACT THE EMPLOYEE RESOURCE GROUPS

For more information on a specific ERG, click their link to email them.

- [African American Resource Network \(AARN\)](#)
- [Asian Pacific Islander Leadership Network \(APILN\)](#)
- [Latinx Leadership Network](#)
- [LGBTQIA+ Resource Network](#)
- [Women's Leadership Network \(WLN\)](#)



## INSTAGRAM

Follow these YMCA of San Francisco accounts on Instagram to learn more about what's happening within the Y and these communities:



- @ysf\_apiln
- @ysf\_employees
- @ymcasf
- @bayviewymca
- @buchananymca
- @campjonesgulch
- @chinatown\_ymcasf
- @embarcadero\_ymca
- @marinymca
- @missionymca
- @peninsula\_ymca
- @pointbonitaymca
- @presidioymca
- @rdymca
- @sylcentralymca
- @stonestownymca
- @urbanservicesymca

On Facebook, follow the APILN at Apiln Ysf.